



MACARTHUR  
**Legal Centre**

*Supporting our community*

### **Press release**

**11 November 2015**

### **White Ribbon Day 25 November 2015 – DV Takes Many Forms**

White Ribbon Day is 25 November 2015. It is a day for men to stand tall and say no to violence in all their relationships.

Most of us know that physical violence has no place in our relationships. But sometimes, we don't recognise that violence takes many forms. Stalking someone, physically intimidating them, controlling their finances, constantly belittling them, ridiculing their culture or background, monitoring their movements, isolating them from their friends and family can all be forms of domestic violence.

According to Robert Pelletier, Director of Macarthur Legal Centre, "If behaviour causes someone to live in fear or to believe that they are worthless and have no control over their lives, then it has probably crossed the line into a form of violence. It may be against the law even if there is no physical abuse."

If you have trouble with anger management issues call BaptistCare on 46248700. This service runs a Mens' Behaviour Change Program.

If you are suffering from domestic violence, call:

- DV Hotline – 1800 65 64 63 (24 hours)
- 1800 Respect – 24 hours
- Macarthur Women's Domestic Violence Court Advocacy Service – 46407333 (9-5)
- Benevolent Society Centre for Women's Health – 46333777 (9-5)
- WILMA Women's Health Centre – 46272972 (9-5)
- Macarthur Legal Centre – 46282042 (9-5) for advice on family law, child support and care and protection matters.

There is help for women with issues of Domestic Violence. All services are confidential and free of charge.

### **Media enquiries**

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